



Lent at St. Joseph of Cupertino, 2010

Associated with Jesus' temptation in the desert (Mt 4:1-11, Mk 1:12-13, Lk 4:1-12), the 40 days of Lent are the Church's penitential season. It is a time for introspection and self - evaluation, a time for each of us to express sorrow for sins and to ask for the grace of conversion. Today, as in the early Church, Lent is a special period of preparation for those seeking baptism at Easter, while those who are already baptized should prepare for the Easter renewal of baptismal promises. Traditionally, Catholics observe the Lenten season by participating in the activities of fasting, praying, and almsgiving (works of mercy).

Please pray for our brothers and sisters preparing to enter the Church at Easter!

LENTEN REGULATIONS

+ Ash Wednesday, February 17, and Good Friday, April 2, are days of fast and abstinence. Catholics aged 18-59 are limited to one full, meatless meal.

+ All Fridays in Lent are days of abstinence. Catholics who are at least 14 years old are bound to abstain from meat.

(Note: Bishop McGrath has given all Catholics in the Diocese of San Jose a dispensation from abstaining from meat on March 12, for St. Patrick's Day observances.)

+ The "Easter Duty": All Catholics who have received their first communion must receive holy communion at least once a year, during the Easter season. Catholics are also obligated to confess any serious (mortal) sins at least once a year. The Lenten season is an ideal time in which to fulfill this obligation.

St. Joseph of Cupertino Schedule for Lent and Easter 2010
10110 N. De Anza Blvd. Cupertino, CA - (408) 252-7653

Ash Wednesday: February 17 - Mass with distribution of ashes at 6:30, and 9:00 AM and 12:15 and 7:00 PM.

Weekday Masses - Monday - Saturday, Mass at 8:30 AM. (First Friday 3/5 at 9:00 AM)

Friday Night Lenten Devotions:

February 19	7:00 PM	Stations of the Cross
February 26	7:00 PM	Stations of the Cross
March 5	7:00 PM	Taizé Prayer Service
March 12	No service-St. Patrick's Day celebration	
March 19	7:00 PM	Stations of the Cross (Liturgical Ministers gathering at 6)

Sacrament of Reconciliation: Every Saturday from 3:30 to 4:45 PM. (none on April 3)

Parish Lenten Reconciliation Liturgy - Friday, March 26 at 7:00 PM.

Communal reconciliation service and private celebration of the Sacrament.

Chrism Mass: Tuesday, March 23, at 7:30 PM at St. Joseph Cathedral.

Holy Week

Palm Sunday, March 27/28 : Masses begin with the blessing of the palms .

Regular mass schedule. 9:30 mass will begin outside with blessing of palms and procession, weather permitting.

Holy Thursday April 1: 7:30 PM - **Mass of the Lord's Supper** (The only Mass of the day)

Good Friday April 2:

12:15 PM - Good Friday Devotions
1:30 PM - The Liturgy of the Lord's Passion
7:00 PM – Taizé

There are no masses on Good Friday.

Easter Vigil, April 3: No Confessions No 5 PM mass.

8:00 PM - The solemn vigil of Easter: Note: This is at least a 2 hour liturgy and is not recommended for small children due to its length.

Easter Sunday – April 4

Masses in the morning are at 8:00, 9:30 (church and hall) and 11:00 (church and hall).

Please note: There will be no 5:00 PM mass on Easter Sunday, or the day before.